

# BEDTIME ROUTINE



GET DRESSED  
IN PAJAMAS



BRUSH &  
FLOSS TEETH



WASH  
HANDS



BEDTIME  
STORY



ROUND UP  
STUFFED  
ANIMALS



GOODNIGHT,  
SWEET DREAMS

# MORNING ROUTINE



**RISE &  
SHINE**



**GET  
DRESSED**



**EAT  
BREAKFAST**



**BRUSH  
TEETH**



**COMB  
HAIR**



**PUT ON SHOES**



**PACK A  
LUNCH**



**GRAB YOUR  
BACKPACK**



**GO TO  
SCHOOL**